

NOVEMBER MENU 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					VO 1	2
					Turkey roll up with turkey gravy, mashed potatoes, green beans, pineapple. A.M. – Fresh Fruit P.M. –Animal Crackers	
3	VO 4	VO 5	V 6	VO 7	V 8	9
	Chicken Nuggets, buttered rice, carrots, pears. A.M. – Cereal Mix P.M. – Lornadunes	Meatball sub, wax beans, mandarin oranges. A.M. –Fresh Fruit P.M.- Graham Crackers	Tomato vegetable soup, ½ cheese sandwich, peaches. A.M. - Fresh Fruit P.M. - Oatmeal Cookies	Chicken salad sandwich, green beans, pineapple. A.M. - Fresh fruit P.M.- Goldfish	Cheese Tortellini w/ butter, corn, fruit cocktail. A.M. - Fresh fruit P.M.- Vanilla Wafers	
10	CLOSED 11	VO 12	V 13	V 14	V 15	16
		Chicken Parm. Sandwich (chicken patty, sauce, cheese), peas, vanilla pudding. A.M. – Cereal Mix P.M.- Crackers & jelly	Veggie Chili (corn, carrots, black & kidney beans), cheese cubes, tortilla chips, mandarin oranges. A.M. - Fresh fruit P.M. –Graham Crackers	Cheese Pizza, wax beans, peaches. A.M. - Fresh fruit P.M. – Lornadunes	Macaroni & Cheese, mixed veggies, applesauce. A.M. - Fresh Fruit P.M.- Goldfish	
17	VO 18	VO 19	VO 20	FEAST DAY 21	FEAST DAY 22	23
	Sausage, white bean, carrot & rice soup, crackers, pears. A.M. – Cereal Mix P.M. - Animal Crackers	Tuna Boat, tater tots, green beans, pineapple. A.M. - Fresh Fruit P.M.- Vanilla wafers	Swedish Meatballs over egg noodles, wax beans, chocolate pudding. A.M. - Fresh Fruit P.M.- Goldfish	Turkey & gravy, stuffing, cranberry sauce, vegetables, cornbread, mashed potatoes, dessert. A.M. - Fresh Fruit P.M.- Oatmeal Cookies	Turkey & gravy, stuffing, cranberry sauce, vegetables, cornbread, mashed potatoes, dessert. A.M.-Fresh Fruit P.M.-Lornadunes	
24	VO 25	VO 26	VO 27	CLOSED 28	CLOSED 29	30
	Hot dog in a bun, veggie baked beans, peas, pineapple. A.M.-Cereal Mix P.M.- Graham Crackers	Fish Sticks, buttered pasta, carrots, fruit cocktail. A.M. - Fresh Fruit P.M.- Animal Crackers	Pancakes, turkey sausage, yogurt, peaches. A.M. - Fresh Fruit P.M.- Vanilla Wafers			

Morning Snack changes daily & seasonally (Apples, Oranges, Bananas, Watermelon, Cantaloupe, and Honeydew)

(V = Vegetarian Meal) (VO = Vegetarian Option)

NOVEMBER VEGETARIAN OPTIONS

11/1- Bread & butter, mashed potatoes, green, pineapple.

11/4- Bread & butter, buttered rice, carrots, pears.

11/5- Cheese sandwich, wax beans, pears.

11/7- Cheese sandwich, green beans, pineapple.

11/12- Cheese sandwich, peas, vanilla pudding.

11/18- Rice and carrot soup, crackers, pears.

11/19- Cheese sandwich, tater tots, green beans, pineapple.

11/20- Noodles with butter, wax beans, chocolate pudding.

11/21- Feast Day; corn bread, mashed potatoes, cranberry sauce, vegetables, dessert.

11/22- Feast Day; corn bread, mashed potatoes, cranberry sauce, vegetables, dessert.

11/25- Bread & butter, veggie baked beans, peas, pineapple.

11/26- Feast Day; bread & butter, buttered rice, carrots, fruit cocktail.

11/27- Pancakes, yogurt, peaches.