

# AUGUST MENU 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>VO</b> 1	<b>VO</b> 2	3
				Meatballs and sauce over mashed potatoes, corn, peaches.  A.M. – Fresh Fruit P.M. –Lornadunes	Turkey and cheese sandwich, wax beans, fruit cocktail.  A.M. – Fresh Fruit P.M. –Oatmeal cookies	
4	<b>VO</b> 5	<b>VO</b> 6	<b>VO</b> 7	<b>V</b> 8	<b>V</b> 9	10
	Pancakes, turkey sausage, cheese slices, pears.  A.M. – Cereal Mix P.M. – Vanilla Wafers	Tuna Boat, tater tots, mixed vegetables, pineapple.  A.M. –Fresh Fruit P.M.- Graham Crackers	Beef Stroganoff over noodles (g. turkey, beef gravy), peas, peaches.  A.M. - Fresh Fruit P.M. –Goldfish	Cheese Ravioli with sauce, green beans, mandarin oranges.  A.M. - Fresh fruit P.M.-Animal Crackers	Veggie Chili (carrots, corn, black beans, kidney beans, shredded cheese), tortilla chips, vanilla pudding. A.M. - Fresh fruit P.M.- Lornadunes	
11	<b>V</b> 12	<b>V</b> 13	<b>V</b> 14	<b>VO</b> 15	<b>V</b> 16	17
	Diced Chicken Casserole over pasta, mixed vegetables, fruit cocktail.  A.M.-Cereal Mix P.M.- Crackers & jelly	Cheese Pizza, wax beans, chocolate pudding.  A.M. - Fresh Fruit P.M.- Oatmeal Cookies	Cheese Sandwich, cucumber slices, green beans, pineapple.  A.M. - Fresh fruit P.M. –Graham Crackers	BBQ Hotdogs, plain rice, corn, peaches.  A.M. - Fresh fruit P.M. – Vanilla Wafers	Pasta with sauce, carrots, mandarin oranges.  A.M. - Fresh Fruit P.M.- Animal Crackers	
18	<b>VO</b> 19	<b>V</b> 20	<b>VO</b> 21	<b>V</b> 22	<b>VO</b> 23	24
	Sloppy Joes, peas, applesauce.  A.M.-Cereal Mix P.M.-Goldfish	French Toast Sticks, vanilla yogurt, pineapple.  A.M. - Fresh Fruit P.M.- Lornadunes	Fish Sticks, mashed potatoes, wax beans, pears.  A.M. - Fresh Fruit P.M.- Cheese &crackers	Cheese Tortellini w/ butter & parm cheese, mixed vegetables, fruit cocktail.  A.M. - Fresh Fruit P.M.- Animal Crackers	BBQ Chicken wrap, corn, peaches.  A.M. - Fresh Fruit P.M.- Oatmeal Cookies	
25	<b>VO</b> 26	<b>VO</b> 27	<b>VO</b> 28	<b>V</b> 29	<b>V</b> 30	31
	Chicken Nuggets, pasta salad, carrots, butterscotch pudding.  A.M.- Cereal Mix P.M.- Lornadunes	Bagels & Cream cheese or jelly, turkey sausage, mandarin oranges.  A.M. – Fresh Fruit P.M. –Goldfish	Hot Dog in a bun, veggie baked beans, green beans, pineapple.  A.M.- Fresh Fruit P.M.-Animal Cookies	Mixed Vegetable Stir Fry with rice, <b>applesauce</b> .  A.M. - Fresh Fruit P.M. –Graham Crackers	Lazy Lasagna, wax beans, pears.  A.M. - Fresh Fruit P.M. –Goldfish	

*Morning Snack changes daily & seasonally (Apples, Oranges, Bananas, Watermelon, Cantaloupe, and Honeydew)*

**(V = Vegetarian Meal) (VO = Vegetarian Option)**

# AUGUST VEGETARIAN OPTIONS

8/1- Bread & butter, mashed potatoes and sauce, corn, peaches.

8/2- Cheese sandwich, wax beans, fruit cocktail.

8/5- Pancakes, cheese slices, pears.

8/6- Cheese sandwich, tater tots, mixed vegetables, pineapple.

8/7- Bread & butter, noodles with butter, peas, peaches.

8/15- Bread & butter, plain rice, corn, peaches.

8/19- Cheese sandwich, peas, applesauce.

8/21- Bread & butter, mashed potatoes, wax beans, pears.

8/23- Cheese sandwich, corn, peaches.

8/26- Bread & butter, pasta salad, carrots, butterscotch pudding.

8/27- Bagels & cream cheese or jelly, goldfish, mandarin oranges.

8/28- Bread & butter, veggies baked beans, green beans, pineapple.