

JANUARY MENU 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		CLOSED 1	VO 2	V 3	VO 4	5
			Chicken Patty sandwich, wax beans, fruit cocktail. A.M. – Fresh Fruit P.M.–Graham Crackers	Cream of Mushroom Rice casserole, mixed veggies, mandarin oranges. A.M. -Fresh Fruit P.M.-Lornadunes	Shepard's Pie (g. turkey, beef gravy, mashed potatoes, corn), pineapple. A.M.- Fresh Fruit P.M.- Goldfish	
6	V 7	VO 8	VO 9	VO 10	V 11	12
	Veggie Chili (black beans, kidney beans, corn, carrots), cheddar cheese cubes, tortilla chips, pears. A.M. – Cereal Mix P.M. – Animal crackers	Chicken Pot Pie over Bread, vanilla pudding. A.M. – Fresh Fruit P.M. – Vanilla wafers	Meatball Sub, green beans, applesauce. A.M. - Fresh Fruit P.M. – Oatmeal Cookies	Pancakes, turkey sausage, cheese slices, pineapple. A.M. - Fresh fruit P.M.- Graham Crackers	Cheese Tortellini with sauce, peas, peaches. A.M. - Fresh fruit P.M.- Lornadunes	
13	VO 14	VO 15	VO 16	VO 17	V 18	19
	Tuna Noodle Casserole, wax beans, fruit cocktail. A.M. – Cereal Mix P.M. – Crackers & jelly	Hot Dog in a bun, veggie baked beans, corn, chocolate pudding. A.M. - Fresh Fruit P.M. – Animal crackers	Chicken Rice & carrot Soup, crackers, mandarin oranges. A.M. - Fresh fruit P.M. – Graham crackers	Beef Stroganoff, mixed veggies, peaches. A.M. - Fresh fruit P.M. – Goldfish	French Toast sticks, vanilla yogurt, pears. A.M. Fresh fruit P.M. – Vanilla Wafers	
20	CLOSED 21	VO 22	V 23	V 24	VO 25	26
		Fish Sticks, mashed potatoes, peas, applesauce. A.M. – Cereal Mix P.M. – Oatmeal Cookies	Vegetable Stir Fry, pineapple. A.M. – Cereal Mix P.M. – Lornadunes	Macaroni & Cheese, corn, fruit cocktail. A.M. – Fresh Fruit P.M.- Graham Crackers	Chicken Salad Sandwich, Tater tots, green beans, butterscotch pudding. A.M. – Fresh Fruit P.M. – Animal Crackers	
27	VO 28	V 29	VO 30	V 31		
	Sloppy Joes, carrots, peaches. A.M.- Cereal Mix P.M.- Cheese & crackers	Lazy Lasagna, wax beans, pears. A.M. – Fresh Fruit P.M. – Goldfish	Chicken Nuggets, buttered rice, peas, mandarin oranges. A.M. – Fresh Fruit P.M. –Graham Crackers	Minestrone Soup (kidney beans, pasta, mixed veggies), ½ cheese sandwich, pineapple. A.M. – Fresh Fruit P.M. – Lornadunes		

Morning Snack changes daily & seasonally (Apples, Oranges, Bananas, Watermelon, Cantaloupe, and Honeydew)

(★ = NEW Meal) (V = Vegetarian Meal)

JANUARY VEGETARIAN OPTIONS

1/2- Cheese sandwich, wax beans, fruit cocktail.

1/4- Bread & butter, mashed potatoes, corn, pineapple.

1/8- Cream of Mushroom veggie pot pie over bread, vanilla pudding.

1/9- Cheese sandwich, green beans, applesauce.

1/10- Pancakes, cheese slices, pineapple.

1/14- Cream of mushroom with noodles, wax beans, fruit cocktail.

1/15- Bread, veggie baked beans, corn, chocolate pudding.

1/16- Rice & carrot soup, crackers, mandarin oranges.

1/17- Buttered Pasta, mixed veggies, peaches.

1/22- Bread, mashed potatoes, peas, applesauce.

1/25- Cheese sandwich, tater tots, green beans, butterscotch pudding.

1/28- Black bean sloppy joes, carrots, peaches.

1/30- Bread, buttered rice, peas, mandarin oranges.